

SPOKE & SPROCKET

Cycling News

Fall 2009

It's Class time at Spoke & Sprocket!

It's class time for 2009/2010!

It's time for Spoke & Sprocket's popular maintenance and repair classes! We have been teaching the Park Tool School classes since Park started offering a class text. Our wheel building class has been training amateur wheel builders for well over 15 years! The women's class we started 3 years ago has met with rave reviews. Check out our classes, one of them is sure to be right for you! Be sure to sign up soon as classes fill up fast!

All classes are held at Spoke & Sprocket. Each class emphasize hands on learning, is limited to 4-6 students per instructor and fill up very fast. We provide stands and tools during class. You bring your bike to work on. Enrollment is on a first come first served basis. Your place in a class can be reserved only through payment of the registration fee. You may mail or deliver your registration to the shop or register online at: www.spokeandsprocket.com

If you need further information feel free to call 253-564-1422 or e-mail us at class@spokeandsprocket.com.

Courses offered:

Women's Cycle Basics

Four 2 hour sessions
7-9pm \$100.00
No text needed
Women's only class! Learn how to take care of your bike in a class designed to help you become self sufficient. Topics: flat repair, bike cleaning, and maintenance.

Park Tool School - Basic

Four 2 hour sessions
7-9pm \$125.00
Text included
An intermediate class that covers the aspects of basic bike adjustment. Topics: Lubrication, brake and gear adjustments, drivetrain maintenance.

Park Tool School - Full

Six 2 hour sessions
7-9pm \$175.00
Text Included
Advanced class covering bike tune-up. Topics: drivetrain maintenance, bearing adjustments, brake & gear adjustments Cable, chain, & cassette replacement.

Wheelbuilding

Four 2 hour sessions
7-9pm \$125.00
Text Included
Covers wheelbuilding from lacing to final tensioning and truing. Topics include wheel theory, lacing patterns, materials, & tools. Lacing, tensioning, wheel dish, and truing are all covered.

Spoke & Sprocket Class Registration 2009/2010 sessions

Women's Cycle Basics	\$100.00	7-9pm	Wednesdays	Oct 28 ~ Nov 18 2009	[]
			Wednesdays:	Jan 6 ~ Jan 27 2010	[]
Park Tool Basic	\$125.00	7-9pm	Thursdays:	Oct 15 ~ Nov 5 2009	[]
			Fridays:	Jan 8 ~ Jan 29 2010	[]
Park Tool Full	\$175.00	7-9pm	Fridays:	Oct 16 ~ Nov 20 2009	[]
			Thursdays:	Jan 7 ~ Feb 11 2010	[]
Wheelbuilding	\$125.00	7-9pm	Wednesdays:	Nov 25 ~ Dec 16 2009	[]

Name: _____ Phone: (____) _____

Street: _____

City: _____ State: _____ Zip _____

Please enclose full tuition amount with registration. Mail or bring to:

Spoke & Sprocket, 2621 70th Ave W. Suite D Tacoma, WA 98466

Or register online at www.spokeandsprocket.com